

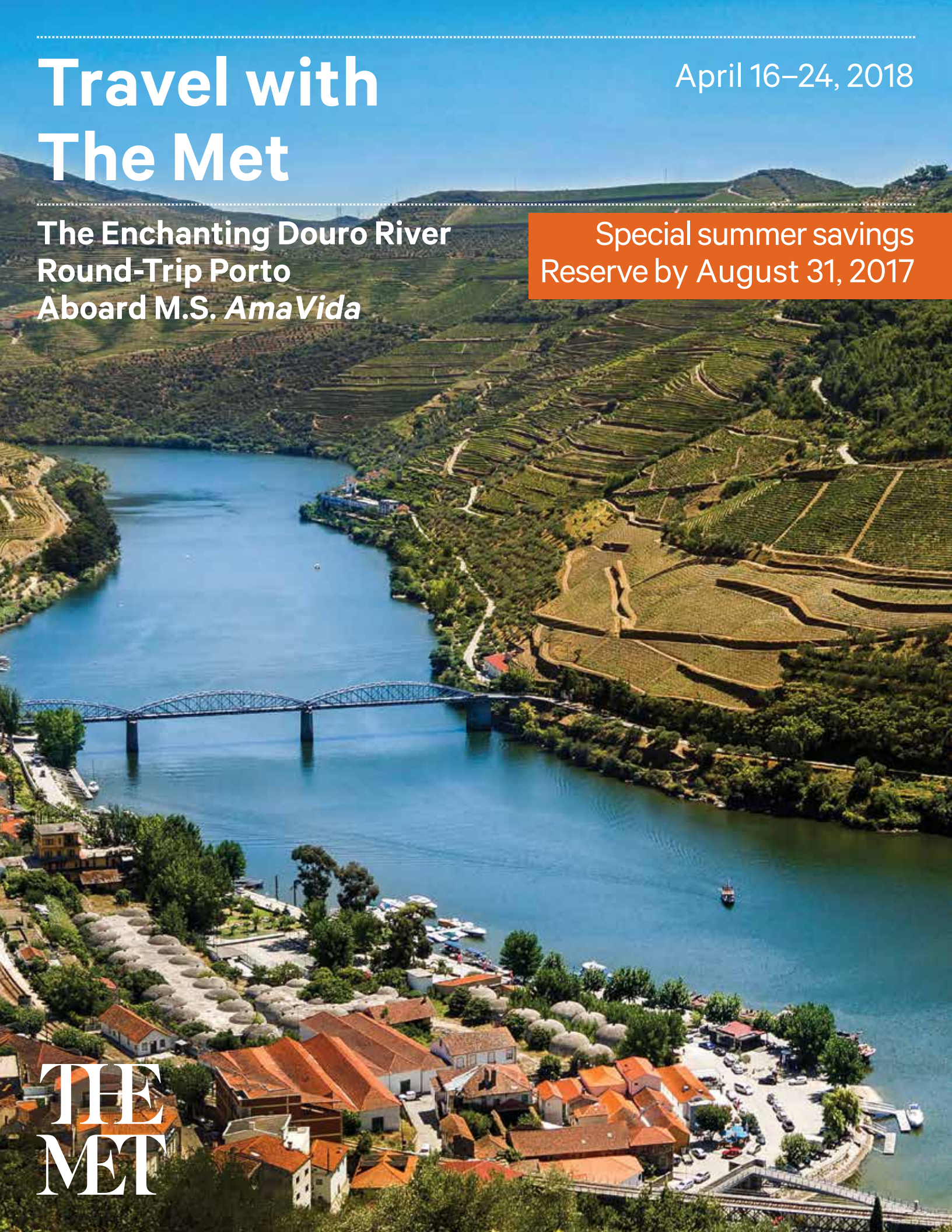
# Travel with The Met

April 16–24, 2018

The Enchanting Douro River  
Round-Trip Porto  
Aboard M.S. *AmaVida*

Special summer savings  
Reserve by August 31, 2017

THE  
MET





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# The Enchanting Douro River: Aboard M.S. AmaVida

Dear Members and Friends of The Metropolitan Museum of Art,

Portugal's Douro River Valley, best known as the birthplace of Port wine, boasts a rich cultural history and rustic charm. Please join me next spring for a delightful voyage aboard the luxury riverboat M.S. *AmaVida*, as we cruise through verdant landscapes and explore art and architecture from the past to the present. En route, we will step ashore to discover timeless villages and savor excellent local varietals.

Begin in Porto with a private lunch at the Serralves Foundation, home to an excellent collection of contemporary art in a building designed by a Pritzker Prize-winning local architect. Then embark *AmaVida* for a seven-night cruise. Admire Baroque architecture and Flemish tapestries in Lamego and cross the border to spend a day in Salamanca, Spain, a UNESCO World Heritage Site rich with important monuments from the Romanesque to the Baroque. Wander the narrow streets of Castelo Rodrigo, a fortified hilltop village, and enjoy exclusive dinners and tastings at family-owned wine estates and a thousand-year-old monastery. Return to Porto for a private concert at Casa da Música, designed by Rem Koolhaas, and a sampling of vintage Ports on a hillside overlooking the city.

For those who wish to spend more time ashore, an optional three-night prelude in Lisbon, Portugal, and a three-night postlude in Santiago de Compostela, Spain, are offered.

Having led several Travel with The Met cruises along the waterways of Europe, I look forward to discovering this "river of gold" (*d'ouro*) with you. My talks on the art history of the region will complement lectures by K. David Jackson, Professor of Portuguese at Yale University, and other distinguished experts. This voyage is co-sponsored by the National Trust for Historic Preservation and the alumni associations of Harvard and Yale Universities, and Smith College.

I hope to welcome you aboard in Porto next spring.

Sincerely,  
Nadine Orenstein

*Drue Heinz Curator in Charge of the Department of Drawings and Prints*



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## Traveling with you

Nadine Orenstein

Nadine M. Orenstein is Drue Heinz Curator in Charge of the Department of Drawings and Prints at The Metropolitan Museum of Art, where she has worked since 1992. She received a B.A. from Barnard College in 1983 and Ph.D. from the Institute of Fine Arts in 1992. Dr. Orenstein has participated in numerous Travel with the Met programs, taking Met Members on cultural journeys to Mexico, Russia, and beyond.

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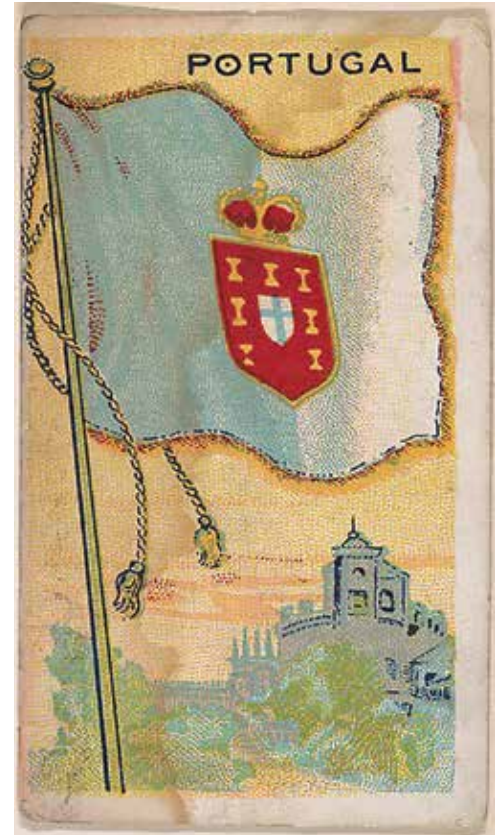
## Trip Highlights

- Spend seven nights exploring the stunning Douro Valley aboard a luxury river vessel
- Sample Vinho Verde, Port, and other local vintages at specially arranged tastings
- In Aveleda, enjoy a private dinner overlooking the vineyard of a family-owned wine estate
- Cross the border into Spain, to discover the UNESCO-listed city of Salamanca
- Dine at a family-owned wine estate with cellars designed by a Pritzker Prize-winning Portuguese architect
- Experience a performance at Rem Koolhaas' Casa da Música, which the *London Observer* said "explodes every preconception of what a concert hall should be"



Salamanca, photo by José Luis Vega





Photos clockwise from top right: Regional map; *Portugal*, bakery card from the *Flags* series (D34), early 20th century. Issued by Ward-Mackey Company. The Metropolitan Museum of Art, The Jefferson R. Burdick Collection, Gift of Jefferson R. Burdick [Burdick 307, D34.37]; Shrine of Our Lady of Remedies, photo by Trudy Lamers; *AmaVida*; Casa Lis, photo by Raúl Hernández González; Quinta da Avelada. Front cover: Douro River Valley, photo by Marta Pozaroszczuk. Back cover: Crystal Palace Gardens (top); Porto, photo by Carlos ZGZ (bottom).



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# The Enchanting Douro River Aboard M.S. *AmaVida*

April 16–24, 2018



Serralves, photo by Gail Edwin Aguiar

**An optional three-night prelude in Lisbon is offered from April 13–17**

## U.S. Departure

Monday, April 16

Depart the U.S. on overnight flights to Porto.

## Porto, Portugal

Tuesday, April 17

Arrive in the morning and transfer to Serralves, a cultural institution whose strikingly minimalist museum of contemporary art was designed by Álvaro Siza, a Porto native and Pritzker Prize winner. Following lunch in Serralves' idyllic gardens, embark the awaiting *AmaVida*. Gather tonight for our welcome dinner. L, D

## Porto/Régua, Portugal

Wednesday, April 18

Be on deck this morning as we cruise below a magnificent iron bridge designed by Gustave Eiffel. In the afternoon, drive to Quinta da Aveleda, a family-owned wine estate with delightful gardens. Sample its Vinho Verde and enjoy a private dinner overlooking the vineyard. Tonight attend a lively onboard performance of Portuguese folk music. B, L, D

## Régua/Barca d'Alva, Portugal

Thursday, April 19

Lamego, nestled amid the Douro Valley's terraced slopes, is best known for its Shrine of Our Lady of Remedies, an ornate Baroque church with views of the town. Descend the church's exuberant staircase, which zigzags to the gardens below. At the Museum of

Lamego, admire eclectic religious art and 16th-century Flemish tapestries, housed in a grand, 18th-century episcopal palace. Attend an onboard lecture this afternoon as *AmaVida* wends her way through the valley to Barca d'Alva. B, L, D

## Barca d'Alva/ Vega de Terrón, Spain

Friday, April 20

Cross the Spanish border to spend a day in UNESCO-listed Salamanca, city of golden sandstone. On a guided tour, admire the elegant university buildings and Plaza Mayor, one of the most beautiful squares in Spain. Visit the Museum of Art Nouveau and Art Deco, housed in Casa Lis, a graceful 1905 mansion with a sweeping, stained-glass façade. In Vega de Terrón, Spain, rejoin our vessel for dinner. B, L, D

## Vega de Terrón/ Pinhão, Portugal

Saturday, April 21

Spend the morning in Castelo Rodrigo, a fortified hilltop village overlooking slopes studded with almond trees and vineyards. Pass through its 16th-century walls, climb the narrow, medieval streets, and refresh with a tasting of regional wine and delicacies. A special private dinner is arranged this evening in Sabrosa at Quinta do Portal, a family-owned boutique winery with centuries-old vineyards. Tour its strikingly modern cellars, also designed by Alvaro Siza. B, L, D

## Pinhão/Régua/Bitetos, Portugal

Sunday, April 22

Call at Régua for a morning visit to the Douro Museum, housing exhibitions on the cultural heritage of the region. This afternoon

*AmaVida* passes through Carrapatelo Lock, the country's first hydroelectric dam and the highest lock in Europe. Dine tonight in the Convento de Alpendurada, an 11th-century Benedictine monastery with majestic views of the valley below. As the sun sets we will see why the Portuguese named the Douro the "river of gold" (*d'ouro*). B, L, D

## Bitetos/Porto

Monday, April 23

Return to Porto for a morning tour and private concert at Casa da Música, a landmark of 21st-century architecture designed by Rem Koolhaas. Lunch is aboard *AmaVida*, or you may choose to lunch at leisure amid the art galleries lining Miguel Bombarda Street. This afternoon admire the beautiful views of Porto from the enchanting Crystal Palace Gardens, followed by a vintage Port tasting at W & J Graham's 1890 Lodge, a working wine cellar on a hillside above the city. Tonight the captain hosts a festive farewell dinner. B, L, D

## Porto/U.S. Return

Tuesday, April 24

Disembark this morning and transfer to the airport for flights home. B

**An optional three-night postlude in Santiago de Compostela, Spain, is offered from April 24–27.**

The itinerary is subject to change at the discretion of The Metropolitan Museum of Art and Arrangements Abroad. For complete details, please carefully read the terms and conditions at [www.arrangementsabroad.com/terms](http://www.arrangementsabroad.com/terms).

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## More Travels with The Met

**The Great Châteaux & Vineyards of Bordeaux Aboard *AmaDolce*** October 18–26, 2017

**Egypt & the Nile: A Journey into Antiquity** December 27, 2017–January 7, 2018

**The Arts of the Venetian *Carnevale*** January 30–February 5, 2018

For details please go to [metmuseum.org/travel](http://metmuseum.org/travel)

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# Cruise Rates

Reserve by August 31, 2017 and take \$1,000 off the per person rates below

Cabin Categories	Decks	Double Rate	Single Rate
Cabins 109 to 115 Panoramic window	Douro	\$6,999	\$10,499
Cabins 101 to 108 Panoramic window	Douro	\$7,999	\$11,999
Cabins 201 to 214 Balcony	Lisbon	\$9,999	\$17,499
Cabins 215 to 218 Balcony	Lisbon	\$10,999	\$19,249
Cabins 301 to 318 Balcony	Porto	\$11,999	\$23,999
Cabin 319 & 320 Suite with balcony	Porto	\$15,999	\$31,999

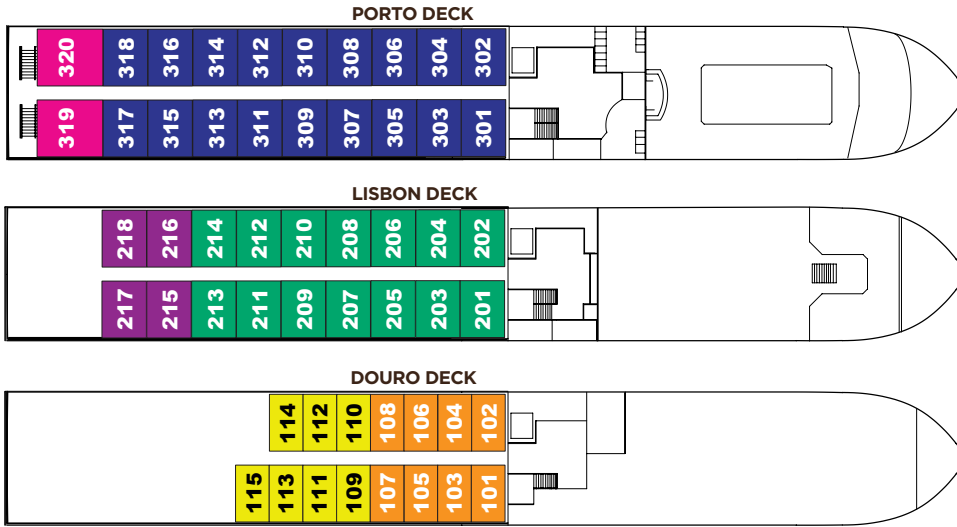
# Rates Include

- Seven nights cabin accommodations aboard M.S. *AmaVida*
- Meals as indicated in the itinerary (B=Breakfast, L=Lunch, D=Dinner); bottled water and coffee/tea with all meals, thoughtfully selected wines at lunches and dinners
- Airport/pier/airport group transfers for those on suggested flights
- Enrichment program of lectures and special events
- Escorted sightseeing by private motorcoach; entrance fees for included visits
- Customary shipboard gratuities
- Taxes, service, and portage charges; gratuities to local guides and drivers

### Not included in rates

International airfare; passport fees; meals not specified; alcoholic beverages other than wine at lunches, dinners, and planned tastings; personal items and expenses; airport transfers for those not on suggested flights; trip insurance; optional Lisbon prelude and Santiago de Compostela postlude; any other items not specifically mentioned as included.

## AmaVida



Stateroom (top); lounge (above)

Launched in 2013, M.S. *AmaVida* brings environmentally responsible luxury cruising to the Douro River Valley. All cabins face outside and most offer balconies. Enjoy panoramic views of terraced vineyards from *AmaVida*'s sun deck, and experience gourmet dining with an *al fresco* option. Other onboard amenities include an elevator, spa, fitness center, heated pool, and complimentary internet access. The sun deck's photovoltaic solar panels provide power for the ship's operating systems, helping to preserve a pristine area that the National Geographic Society has designated a top sustainable destination.

## The Enchanting Douro River: April 16–24, 2018

### Reservation Form

To secure your reservation, please call Academic Arrangements Abroad at 844-TRVLMET (844-878-5638); or complete this form and return it with your deposit of \$1,000 (of which \$500 is non-refundable for administrative fees), to be paid by debit card, credit card, wire transfer, or check payable to *Academic Arrangements Abroad*. Mail to: Academic Arrangements Abroad, 1040 Avenue of the Americas, 23rd Floor, New York, NY 10018-3721.

Name(s) in full as on passport(s). Please print. \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (home) \_\_\_\_\_ (business) \_\_\_\_\_

Fax \_\_\_\_\_ Email \_\_\_\_\_

### Accommodations

*AmaVida* cabin preference (1) \_\_\_\_\_ (2) \_\_\_\_\_

I wish to share a cabin with \_\_\_\_\_

### Optional Prelude & Optional Postlude

- I/We wish to join the optional prelude in Lisbon, Portugal
- I/We wish to join the optional postlude in Santiago de Compostela, Spain
- Hotel Room Preference  One bed  Two beds  Single

### Form of Payment

- Enclosed is my check (payable to *Academic Arrangements Abroad*)  Debit card  Credit card

Name on debit/credit card \_\_\_\_\_

Debit/credit card number \_\_\_\_\_

3- or 4-digit security code \_\_\_\_\_ Expiration date \_\_\_\_\_

**Each participant must sign below. I/We have read, understand and agree to the Terms & Conditions at [www.arrangementsabroad.com/terms](http://www.arrangementsabroad.com/terms) and detailed in forthcoming program documents. I/We agree to full payment 120 days prior to departure.**

Signature (required) \_\_\_\_\_ Date \_\_\_\_\_

Signature (required) \_\_\_\_\_ Date \_\_\_\_\_



# The Enchanting Douro River Aboard M.S. *AmaVida* April 16–24, 2018



The Metropolitan  
Museum of Art

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# Travel with The Metropolitan Museum of Art



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