Social Narrative
Going to a Sensory-Friendly Storytime at The Metropolitan Museum of Art

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I am going to a Sensory-Friendly Storytime program in Nolen Library at The Metropolitan Museum of Art. During this program, I will listen to stories and sing songs with other children and their grown-ups.

The Metropolitan Museum is one of the biggest art museums in the world and it is right here in New York City! It is next to Central Park.
We will enter the Museum through the Ruth and Harold D. Uris Center for Education. The entrance is located on Fifth Avenue and 81st Street, south of the main entrance.
When we go in, a security guard will ask to look in everyone’s bags, including mine. I will open my bag so the guard can look inside. If I don’t have a bag I can walk right in.

Then we will head into Nolen Library, where we will meet other children and grown-ups. We will wait for the program to begin.
When we enter Nolen Library, we will see some children with grown-ups seated on chairs or on the carpet in the Children’s Reading Room. We will also see our Sensory-Friendly Storytime readers sitting on stools.

We can sit on the carpet or on chairs and wait for the program to begin. We can look at books while we are waiting.
If we have a question, we can ask one of the people working at the desk. These librarians are very friendly and helpful.

When the program begins, we will hear a chime. Our readers will welcome us. The readers will tell us about some of the rules we have to follow during the Sensory-Friendly Storytime.
Some important rules we will learn are:

- We use our quiet inside talking voices in the library, and we listen when others are speaking.
- We want everyone to stay safe in the library so we remember to walk, and we don’t play on the stairs or the ramp.
- We enjoy our food and drink outside the library.
- We can take a break from Storytime. We just tell our grown-up when we need a break.

During Sensory-Friendly Storytime, our readers will read different stories to us. They will ask us questions about the stories. We will sing songs together. We will also act out different movements.
After the stories are finished, our readers will tell us it is time to go. We can stay in the library and read more books. We can also visit the galleries to look at art and bring along a sensory-friendly kit*. 

I hope I can visit the Museum and the library again soon!

* A sensory-friendly kit is available from Nolen Library for families with children with sensory sensitivities or those on the autism spectrum for use in the galleries. It includes a sensory-friendly map of the Museum, a visual checklist, fidgets, and a weighted blanket. The kit can be checked out and returned to the library’s desk between 10:00 a.m. and 5:00 p.m.

Please note:
Nolen Library is open seven days a week, 10:00 a.m.–5:00 p.m. See the Library Portal for holiday closures: libmma.org/portal/library-holiday-closings
For more information about the library, call (212) 570-3788 or email nolen.library@metmuseum.org.
**Access and Community Programs**

Contact us for information about accessibility, accommodations, and programs for visitors with disabilities:

Telephone: (212) 650-2010
Email: [access@metmuseum.org](mailto:access@metmuseum.org)

Access and Community Programs
The Metropolitan Museum of Art
1000 Fifth Avenue
New York, NY 10028-0198
[www.metmuseum.org/events/visitorsdisabilities](http://www.metmuseum.org/events/visitorsdisabilities)

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Access Coordination at The Metropolitan Museum of Art

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