Family Guide

Family Fun at The Met



Welcome to The Met!

Explore, learn, and have fun as a family during your visit. There's lots to see and do—use these tips to get started.



Look

Examine the art from a distance. Help us keep the art safe by not touching.

Talk

Share ideas and chat about what you see, think, and imagine.

Walk

Move slowly while you're in the Museum so you don't miss something!

Stay together

Look at and talk about art together. It's more fun that way!

Now for Some Fun

Put the kids in charge. Have them choose your route and activities.

Pick a theme

Search for animals, nature, or patterns in art. What will you discover?

Use your imagination

What might you see, hear, taste, smell, or feel if you were inside an artwork?

Take a seat

Get comfortable and stay awhile. Sit on the floor or on a bench while looking at art together.

Move and pose

Experience art with your whole body. Act out stories and pose like the people, shapes, or lines you find.



Look and Ask Questions

There is no right or wrong way to look at art.



Ask questions to start a conversation:

What do you see?

What did you notice that makes you say that?

What else can we find together?

Look closely and find clues in the works of art.

Take a break

You don't have to see the entire Museum in one visit! Have a bite, visit the shop, or play in Central Park (you can use your admission ticket to re-enter).

Draw and Write

Use a pencil to sketch a work of art, and create your own story inspired by it. Be creative and collaborate.

Plan Your Visit

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Most restrooms have changing stations. Find an all-gender, family restroom on the Ground Floor, and our Mothers' Room on Floor 4. See the Museum Map for locations.

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We welcome children at every restaurant in the Museum. The Eatery has booster seats, high chairs, and a kids' menu. You may bring plastic water bottles and baby bottles into the galleries. No glass containers, please.



Strollers, with the exception of oversized and jogging strollers, are permitted in most galleries. Frontfacing baby carriers are welcome. Large backpacks must be checked; help protect the art by wearing smaller backpacks in the front.



Have a question? Ask at the nearest Information Desk. Lost something? Ask at the Great Hall Security Desk.

The Metropolitan Museum of Art

1000 Fifth Avenue New York, NY 10028 212-535-7710 metmuseum.org

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If you need first aid, tell the nearest security officer.





We welcome visitors with and without disabilities and offer programs and services that are accessible to all. For information on programs and accessibility for visitors with disabilities see metmuseum.org/access. Stepfree entrances are located at Fifth Avenue and 81st Street and the Museum parking garage at 80th Street. Wheelchairs are available at the coat checks on a first-come, first-served basis.

You can request assistive listening devices with headsets or neck loops for any Museum program. Ask at the Carson Family Hall desk in the Ruth and Harold D. Uris Center for Education, or at the Ticketing Center in the Great Hall. You can request Sign Language interpretation in advance.

For up-to-date information about your visit, go to metmuseum.org/visitor-guidelines.

There's More Fun

81st Street Studio

Explore our new drop-in discovery and play space for kids ages 3–11 and their families and caregivers. It's where art and science meet! Ruth and Harold D. Uris Center for Education, Ground Floor. For more, visit metmuseum.org/81st-street-studio.

Free Family Programs

Check out our familyfriendly tours, art-making
classes, festivals, and
more. For a schedule,
ask at the Information
Desks or visit
metmuseum.org/families.
Programs meet in Carson
Family Hall, Uris Center
for Education, unless

otherwise noted.

Family Guides

Set out on an adventure! Hunt for details, uncover stories, and use your imagination to travel the world. Ask for free guides at the Information Desks or find them online at metmuseum.org/ family-guides.

#MetKids

Continue to explore online with our digital feature made for, with, and by kids. Visit metmuseum.org/metkids or scan the QR code below.

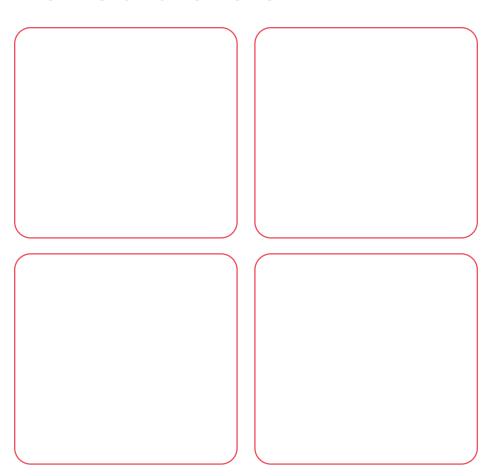


#MetKids is sponsored by



My Museum

As you explore The Met, sketch your favorite works of art here.



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